

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m. **Unless there is a scheduled activity.**



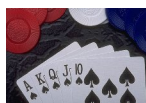
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Spring scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER
MAY, 2014**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every Tuesday morning from 10 to 12. Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational and a super way to meet new friends.



May 6th - Floral Decoupage
May 13th - Dogwood Plaque
May 20th - Necklace Extenders
May 27th - Decal Tiles

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at **The Waters of Huntingburg at 10 a.m. on Friday, May 16th.**



- **BINGO:** Will be played at 12 p.m. Tuesdays, May 13th & 20th. **No Bingo on the 6th due to voting.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

| BINGO | | | | | | | | | |
|-------|----|------------|----|----|--|--|--|--|--|
| 7 | 25 | 44 | 57 | 62 | | | | | |
| 15 | 22 | 40 | 50 | 70 | | | | | |
| 11 | 30 | FREE SPACE | 46 | 74 | | | | | |
| 2 | 28 | 37 | 55 | 68 | | | | | |
| 10 | 27 | 39 | 59 | 75 | | | | | |

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at 11:15 a.m. on Tuesdays, May 13th & 20th.



- **EXERCISE CLASS:** Is held every Monday and Thursday morning at 9 a.m. in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at 9:45 a.m. on Monday & Thursday mornings for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

CARD TOURNEYS



- **Thursday, May 1st**
Cinch Tourney
- **Thursday, May 8th**
Sheephead Tourney
- **Thursday, May 15th**
Rum Tourney
- **Thursday, May 22nd**
Euchre Tourney
- **Thursday, May 29th**
Rum Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

• **TEXAS HOLDEM:** Will be played **Monday, May 5th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 10 a.m.** the day of the game.

• **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Tuesday, May 6th and Friday the 16th.** It is a fun game that is easy to learn.

Everyone is welcome! We play a quarter a game with the low score winning. **Please call in by 10 a.m. if you are coming in to play.**



• **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. on Friday, May 2nd and Wednesdays the 14th & 21st.** Bring your change, we play for 10¢ a round and 25¢ a game. **Please let us know by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

• **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m.** on **Monday, May 12th & Friday the 30th.** We have a lot of fun! **Please call in by 10 a.m. game day** if you would like to play.

• **SCRABBLE:** Join the group playing Scrabble at **12:30 p.m.** on **Tuesdays, May 6th & 27th.** **Please sign-up by 10 a.m. game day** if you plan to attend.

• **PHASE-10:** Will be played on **Wednesday, May 7th and Tuesday the 27th at 12:30 p.m.** It is a fun easy card game. **Please call in by 10:00 a.m. the day of the game** if you would like to play.

• **HEARTS:** Is a fun game that is easy to learn. We will playing on **Fridays May 9th and 23rd at 12:30 p.m.** We play a quarter a game with low score winning. **Call in by 10 a.m.** if you will be able to come in to play.

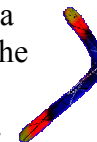


SPECIAL ACTIVITIES

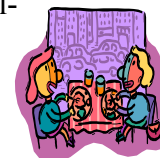
• **BOOK CLUB:** Will meet **Thursday, May 8th at 12:30 p.m.** to discuss, “Final Justice” by Rick Reed. The book selection for **June** is, “The Lady of the River”, by Philippa Gregory. This book is a perfect mixture of history, romance, action and intrigue. It tells the story of the real-life mother to the White Queen.



• **BOOMERAMA:** **Monday, May 19th at 12 p.m.** Reiker Chiropractic will explain how chiropractics help quality of life. The presentation is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday, May 16th.**



• **LUNCH BUNCH:** El Patron in Jasper is the choice for the **May** get together. We will meet **Friday, May 9th at 11 a.m.** The restaurant has specials to choose from on their lunch menu. We always go “dutch treat”. Come enjoy good food and visit with old friends & make new ones! Please make your **reservations by noon Wednesday, May 7th.**



• **CATERED MEAL:** Mark your calendar for **Wednesday, May 28th at 12 p.m.** and join us for a meal of: assorted sausage, mashed potatoes, sauerkraut, glazed baby carrots, fried biscuits, apple butter and decaf coffee or unsweetened tea provided by The Schnitzelbank. Cost of the meal is \$7.25 per person. Please make your **reservations by 3 p.m. Monday, May 19th.**



HOME SAFETY BINGO: Play Bingo & celebrate **National Senior Health & Fitness Day.** Representatives from St. Charles Health Campus will be here at **9:30 a.m. Wednesday, May 28th.** This will be a fun event! Please call in by **noon Tuesday the 27th** if you will be coming.

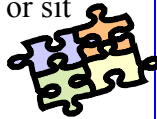
RAINBOW MESSENGER

May, 2014

- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



- **PUZZLES:** We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a “hand”. Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. (If you can play on Wednesday please call in by 10 a.m. to let us know)** New players are always welcome.

Derby Dinner

Singing In The Rain

Tuesday, April 29th. Buses will leave the Japer Armory at 9:30 a.m. picking up in Huntingburg at 9:45& Ferdinand at 10:00 a.m. .



MAY

Baseball Game

St. Louis on **Thursday, May 15th.** The game has a 1:45 p.m. (Eastern) start time. We will leave the **Jasper Armory at 8 a.m. with pickups in Huntingburg at 8:15 a.m.** Small 16”x16”x 8” bags/coolers are allowed in the ballpark with food and non-alcoholic beverages in **plastic containers only. (No 2 liter bottles are allowed.)** If you have questions please give us a call or visit www.stlouiscardinals.com for more information.



Azalea Path Arboretum & Toyota

Buses will leave the Jasper Armory on Wednesday, May 14th at 9:15 a.m. and pick-up in Huntingburg at 9:30. A guided tour of the Azalea Gardens will be provided followed by a box lunch on the porch. Next stop will be a riding tour of the Toyota Plant in Princeton. The Toyota plant requires those going to wear: long pants, long sleeve shirt or jacket and closed toed shoes, (sorry no sandals).

JUNE

Horseshoe Casino

A trip to Elizabeth town is planned for **Wednesday, June 11th.** Cost of the trip is \$20.00. You will receive a \$15.00 food voucher, \$5.00 slot play and transportation. We will leave the Armory at 9 a.m. picking up in Huntingburg upon request.



Sign-up by phone beginning at 7:30 a.m. Tuesday, May 6th. Money is due by **3 p.m. Monday, May 19th.** With payment we will also need your **Horseshoe number or name, address, phone and birth date.** Be sure to take a **valid government issued I.D.** on the trip in case you are a big winner. 2 buses have been reserved for this trip.



Mark your calendar!

July

1 bus has been reserved for **Friday the 25th of July** for a trip to Badgett’s Playhouse for, “**The Outlaws of Country Music**” and a delicious meal at **Patti’s Restaurant.** Signup details will be in the June newsletter.

MEDICATION COLLECTION

The National Prescription Drug Take-Back Day will be **Saturday, April 26, 2014.**

COLLECTION SITES:

JASPER: Jasper State Police Post 2209 Newton from 10:00 a.m. - 2:00 p.m.

DUBOIS: Fire Station, 4579 N Second Street from 10:00 a.m.- 12:00 p.m.

St ANTHONY: Fire Station, 4068 E 450 S from 10:00 a.m. - 12:00 p.m.

Please take this opportunity to discard all unused or outdated medications. They will be disposed of in a safe environmentally friendly way at no cost to you. No Sharps.



RAINBOW MESSENGER

• **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day.


• **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



• **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

THANK YOU
To everyone who volunteered for the Easter egg fund raiser. It was a huge success!
We appreciate your help!!!

*****WORTHWHILE PROJECT*****

 ***** If anyone would have yarn they are not using or leftovers from a completed project we have a very good use for it. Seniors are making little blankets for premature babies who are born too early to survive. Bring it in to the center or call 482-4455 and we will find a way to pick it up. **Thank you!!!**

HAPPY BIRTHDAY

MAY

5th Linus Kluemper
5th Sylvia Borrell
6th Ed Durcholz
6th Lavon Propes
8th Joan Knies
12th Diane Henke
13th Lorine Voegerl
14th Kenny Schepers
15th Jim Gramelspacher
22nd Hilary Lampert
23rd Marilyn Lampert
29th Phyllis Sergesketter
31st Mabel Schitter
31st Norma Cannon



Anniversaries

MAY

4th Ed & Mary Durcholz
22nd Charlie & Linda Blessinger
29th Emil & Carol Krodel



Recipe Exchange



Red Velvet Cheese Ball

Mix together:

1 stick of softened butter
1 package softened cream cheese

Add:

2 tablespoons brown sugar
½ cup powdered sugar
½ box red velvet cake mix

Refrigerate

When chilled make a ball and roll in mini chocolate chips.

Serve with graham crackers or vanilla wafers.

Submitted by: Susie Neukam

Have a good recipe to share? We would be happy to publish it.

CENTER CLOSED

The Habig Center will be closed Monday, May 26th in observance of Memorial Day.

